

Smart Snacks in School

Frozen Features

NEW products out now!



Smart Facts for Smart Snacks

Here at Rich's, we are a **NUT-FREE FACILITY!**

We are committed to No Artificial Colors, No High Fructose Corn Syrup,
51% Whole Grain Meets Combination Foods, and making our ice cream delicious!

Product	Size Weight	Calories < 200	Total Fat	Fat Cal % < 30%	Sat. Fat	Sat. Fat Calorie % < 10%	Trans Fat 0g	Sodium < 200mg	Sugar	Sugar % by Weight < 35%
 LF Vanilla Sandwich	3 fl oz 51 g	130	2g	14%	1g	7%	0g	120 mg	12 g	24%
 Strawberry Shortcake	3 fl oz 70 g	130	3.5 g	24%	1g	7%	0g	45 mg	15 g	22%
 Chocolate Shortcake	3 fl oz 63 g	140	3.5 g	23%	1g	6%	0g	60 mg	15 g	21%
 Crumbled Cookie Cone	3 fl oz 70 g	150	2.5 g	15%	1.5 g	9%	0g	105 mg	14 g	20%
 Chocolate & Vanilla Cone	3 fl oz 70 g	150	3 g	18%	1.5 g	9%	0g	105 mg	14 g	20%
 Birthday Cake Cone	3 fl oz 70 g	160	2.5 g	14%	1.5 g	8%	0g	115 mg	17 g	24%
 Orange Cream Bar	2.5 fl oz 52 g	70	1g	13%	0.5 g	6%	0g	31 mg	11 g	20%
 Fudge Frenzy	2.5 fl oz 63 g	90	0g	0%	0g	0%	0g	80 mg	13 g	21%
 Sour Swell	2.5 fl oz 53 g	70	1g	13%	0.5 g	6%	0g	20 mg	11 g	19%
 Creamy Cotton Candy	2.5 fl oz 54 g	70	1g	13%	0.5 g	6%	0g	40 mg	8 g	15%
 Frozen Fruit Punch	2.5 fl oz 70 g	80	0g	0%	0g	0%	0g	0 mg	16 g	23%
 Rainbow Polar Pole	2.75 fl oz 46 g	70	1g	13%	0.5 g	6%	0g	20 mg	12 g	21%
 Cherry Cyclone	3.75 fl oz 80 g	70	1g	13%	0.5 g	6%	0g	20 mg	12 g	21%
 Sour Cyclone Blue Raspberry	3.75 fl oz 80 g	100	1g	2%	0.5 g	3%	0g	35 mg	17 g	21%
 Watermelon Cyclone	3.75 fl oz 80 g	70	1g	13%	0.5 g	6%	0g	20 mg	12 g	21%
 LF Vanilla Plastic Cup	3 fl oz 50 g	80	1g	11%	0.5 g	6%	0g	45 mg	12 g	24%
 LF Chocolate Plastic Cup	3 fl oz 50 g	80	1g	11%	0.5 g	6%	0g	45 mg	12 g	24%
 LF Strawberry Plastic Cup	3 fl oz 50 g	80	1g	11%	0.5 g	6%	0g	45 mg	12 g	24%
 LF Vanilla-Chocolate Plastic Cup	3 fl oz 50 g	80	1g	11%	0.5 g	6%	0g	45 mg	12 g	24%

Nutrition facts are available at www.richicecream.com

51% Whole Grain 

Gluten Free 

Dairy Free 



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Visit us at RichIceCream.com or call (561) 833-7585

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FACILITY